

Prayer of Shantideva

May I be a protector to those without protection,
A leader for those who journey,
And a boat, a bridge, a passage
For those desiring the further shore.

May the pain of every living creature
Be completely cleared away.
May I be the doctor and the medicine
And may I be the nurse
For all sick beings in the world
Until everyone is healed.

Just like space
And the great elements such as earth,
May I always support the life
Of all the boundless creatures.

And until they pass away from pain
May I also be the source of life
For all the realms of varied beings
That reach unto the ends of space.