

## Elements of a Spiritual Profile & Needs Assessment

1. **Faith identity**
2. **Religious or spiritual beliefs**
3. **Religious or spiritual practices:** formal/informal; ability to access
4. **Community of affiliation:** faith, 12-step, groups, congregation, fellowships
5. **Importance of ritual/worship** (i.e. meditation, prayer, objects)
6. **Perspective** of current crisis through lens of beliefs, teachings, values
7. **Meaning making**, values, ultimate considerations
8. **Decision making** style or contributing factors
9. **Spiritual or religious concerns**, needs, expressions
10. **Impact of religion and/or spirituality**, re: coping, decision making, future events
11. **Sources of strength and healing:** hope, meaning, comfort, love, connection, trust, faith, joy

12. **Significant relationships:** with self, with others, transpersonal, relational concerns

13. **Other:** personal interests, hobbies, significant relationships, resources, relevance of time and place