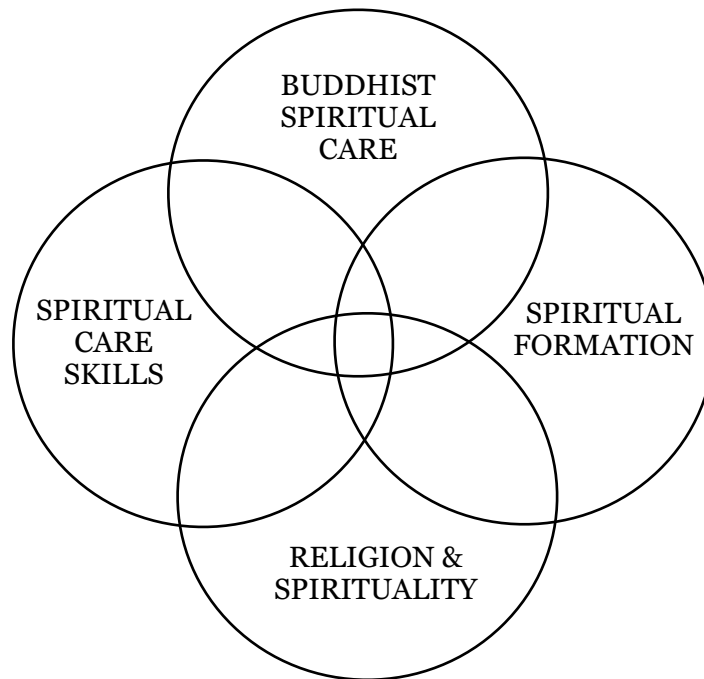


Buddhist Chaplaincy: Domains of Competency



BUDDHIST SPIRITUAL CARE

The chaplain is able to articulate, explain, and/or demonstrate ...

1. Chaplaincy as a Buddhist path to awakening
2. Key teachings of Buddhism relevant to spiritual care
 - Awakening: what's suffering got to do with it?
 - Compassion and the Paramitas
 - Essential knowledge of Buddhist ethics
 - Drawing upon Upaya and Prajna
 - Suffering: Responding, witnessing, reducing
 - Buddhist imagery, icons, and stories
 - Motivation, Intention, Vows/Refuge
 - Bodhisattva path, ideals & imagery
 - Engaged Buddhism: history, purpose, vehicle for awakening
3. Elements of a *Buddhist* approach to spiritual care
 - Buddhist spiritual assessment models
 - Buddhist rituals for: healing, reconciliation, repentance
 - Receiving/experiencing the joys of Buddhist chaplaincy
4. Notable stages of spiritual formation as a chaplain on the Buddhist path
5. Spiritual care and leadership within our sanghas

6. Western Buddhist contexts compared to Asian Buddhists contexts
7. Buddhism's ideas of no-self and Christian notions of selfhood
8. Skillful interfacing with non-Buddhists
9. The similarities and distinctions between the paths of Spiritual Care and Engaged Buddhism
10. Historical evolution and propagation of Buddhism in regards to service, engaged practice, social activism, and the like
11. Teaching moments: what is a dharma teaching moment and how to structure it
12. Precepts, re: navigating the differences between oneself and others

SPIRITUAL FORMATION

The chaplain is able to ...

13. Articulate an understanding of one's formation and role as a chaplain that is congruent with one's personal, religious, spiritual, and cultural values and identity.
14. Claim one's unique dharmology of spiritual care, including an articulation of key components and their origin in Buddhist teachings.
15. Identify one's professional strengths and limitations in the provision of spiritual care, including major life events, relationships, social location, cultural contexts, and social realities that impact one's personal identity and ability to provide spiritual care to others.
16. Develop the capacity to evaluate one's provision of spiritual care, including initiating consultation and critique from peers and supervisors.
17. Articulate the ways in which one's feelings, attitudes, values, and assumptions affect one's ability to provide spiritual care to others.
18. Demonstrate humility, restraint, and respect in regards to the physical, emotional, cultural, religious and spiritual boundaries of others.
19. Use the clinical method of learning to apply conceptual understandings to providing spiritual care to others. Includes the development of clear and specific goals for continued learning accordingly.
20. Attend to one's own physical, emotional, and spiritual well-being in ways that strengthen resilience and address the impact of accumulative or secondary trauma.
21. Manage learning and service projects in terms of accountability, productivity, self-direction, and accurate communication both orally and in writing.

SPIRITUAL CARE SKILLS

The chaplain is able to ...

1. Establish, deepen, and conclude professional spiritual care relationships with sensitivity, openness, and respect within and across diverse populations without imposing one's own perspectives.
2. Apply a range of spiritual care skills, including listening/attending, empathic reflection, conflict resolution/ transformation, advocacy, crisis management, appropriate use of religious/spiritual resources and establishing and maintaining peer and interdisciplinary relationships.
3. Demonstrate competent use of self in service to others, including: emotional availability, cultural humility, appropriate self-disclosure, positive use of power and authority, a non-anxious and non-judgmental presence, and clear and responsible boundaries.
4. Assess the spiritual strengths and needs of those served, grounded in theology and an understanding of psychological and sociological disciplines. Formulate and utilize spiritual assessments, interventions, outcomes, and care plans in order to contribute effectively to the well-being of the person(s) receiving spiritual care.
5. Incorporate a working knowledge of group dynamics, such as meeting facilitation, staff debriefing, and support group leadership. Recognize how relational dynamics within group contexts impact people's behavior in both group and institutional settings.
6. Act with openness to serve all people with cultural and spiritual humility. Provide spiritual care that respects diversity and differences including, but not limited to ethnicity, race, gender, sexual orientation, social conditions, systems, justice, ethics, and spiritual/religious practices.
7. Provide spiritual care to persons experiencing loss and grief through an understanding of the theories and phenomena of grief, loss, and bereavement.

RELIGION & SPIRITUALITY

The chaplain is able to ...

1. Incorporate an understanding of spiritual development in human beings into one's spiritual care practice, including but not limited to formation, leadership, religious theories and methodologies/spiritual practices.
2. Facilitate theological/spiritual reflection for those in one's care practice for increased understanding and insight into the meaning of their situation, and employ their beliefs as resources for their healing.
3. Develop a working knowledge of the religious beliefs and spiritual practices relevant to the population being served, including a working knowledge of religious ethics and directives appropriate to one's professional context.
4. Foster collaborative relationships with faith group leaders and various religion and mission based organizations.

5. Assess and provide religious/spiritual resources appropriate to the needs of care-recipients, including determination of the effectiveness of these resources.
6. Develop, coordinate, and/or facilitate the observance of spiritual or religious practices, ceremonies, and rituals appropriate to people of diverse faith traditions, settings, and needs.